

Events Calendar begins here!

JANUARY

Happy New Year to all our First Stroke Swimmers!

FEBRUARY

Distance Swims

Distance
Swimming

MARCH

Mothering Sunday 'Mum's Swim for Free!'

MOTHER'S
DAY

APRIL

Easter Activities



MUMS
SWIM
FREE!

MAY

Spring Activities

Holidays!!
Fun-Fun-Fun

JUNE

Father's Day 'Dad's Swim for Free!'

DADS
SWIM
FREE!

JULY & AUGUST

Summer Activities & Swim Camp

SWIM CAMP

SEPTEMBER

Distance Swims

Distance
Swimming

OCTOBER

Halloween Activities



NOVEMBER Children in Need
Week 'PJ Swim!'

BBC
Children
in Need

DECEMBER

Christmas Activities



GREAT ACTIVITIES TO BOOK:

- Splash Attack
- One to One Lessons
- Crash Courses

Look out for our Mermaid Courses!

Mermaid
Swimming
begins here!



Pool Parties

A full hour in the pool and
then another hour in the
party room



Splash Attack
Super Soaker

Inflatable Fun!

Distance
Swimming

Take your skills further
with a distance award - just check
with reception for times and
GO THE DISTANCE!



Just Swim

Swim all week and bring the
family for FREE at the weekend!
(up to 2 adults, 2 children).

SWIM
CAMP

Held throughout
the summer holidays
every year!

Summer holiday fun!



Baby & You
Lessons

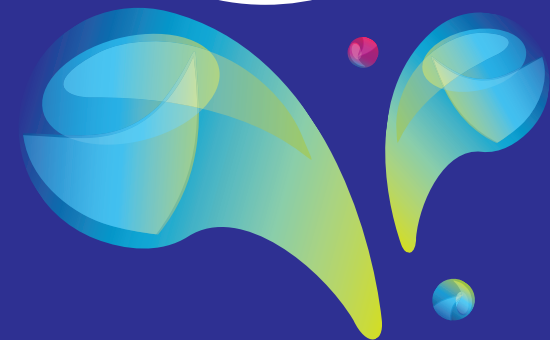
Learning to swim
designed for children aged
4 months to 2½ years old



Billericay
01277 657 111
Ipswich
01473 599066

Stanway
01206 213135
Godmanchester
01480 375145

Timetable



BILLERICAY

Lake Meadows, Radford Crescent,
Billericay CM12 0BW
01277 657 111

www.firststrokes.com

BILLERICAY

Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private Lessons available every day - booking required						
9.30am → 10:30am Just Swim Adult Swim Lane	9.30am → 10:30am Just Swim Adult Swim Lane	9.30am → 10:30am Just Swim Adult Swim Lane	9.30am → 10:30am Just Swim Adult Swim Lane	9.30am → 10:30am Just Swim Adult Swim Lane	8:00am → 1:00pm Group Lessons	8:00am → 1:00pm Group Lessons
9.30am → 12:00pm Group Lessons	9.30am → 12:00pm Group Lessons	9.30am → 12:00pm Group Lessons	9.30am → 12:00pm Group Lessons	9.30am → 12:00pm Group Lessons		
10.30am Baby Splash	10.30am Baby Splash	10.30am Baby Splash	10.30am Baby Splash	10.30am Baby Splash		
11:00am → 12:00pm Family Fun Splash	11:00am → 12:00pm Family Fun Splash	11:00am → 12:00pm Family Fun Splash	11:00am → 12:00pm Family Fun Splash	11:00am → 12:00pm Family Fun Splash	1:00pm → 2:00pm Family Fun Splash	1:00pm → 2:00pm Family Fun Splash
12:00pm → 1:00pm Just Swim Adult Swim Lane	12:00pm → 1:00pm Just Swim Adult Swim Lane	12:00pm → 1:00pm Just Swim Adult Swim Lane	12:00pm → 1:00pm Just Swim Adult Swim Lane	12:00pm → 1:00pm Just Swim Adult Swim Lane		
1:00pm → 3:00pm School Lessons	1:00pm → 3:00pm School Lessons	1:00pm → 3:00pm School Lessons	1:00pm → 3:00pm School Lessons	1:00pm → 3:00pm School Lessons		
1:00pm → 3:00pm Holiday Fun Timetable	1:00pm → 3:00pm Holiday Fun Timetable	1:00pm → 3:00pm Holiday Fun Timetable	1:00pm → 3:00pm Holiday Fun Timetable	1:00pm → 3:00pm Holiday Fun Timetable	2:00pm → 3:00pm Family Fun Splash	2:00pm → 3:00pm Family Fun Splash
					1:00pm → 3:00pm Pool Parties	1:00pm → 3:00pm Pool Parties
3:45pm → 7:15pm Group Lessons	3:45pm → 7:15pm Group Lessons	3:45pm → 7:15pm Group Lessons	3:45pm → 7:15pm Group Lessons	3:45pm → 7:15pm Group Lessons	All swimming lessons and swimming sessions must be booked in advance. 01277 657 111 billericay@firststrokes.com	
7:15pm → 8:15pm Just Swim Adult Swim Lane	7:15pm → 8:15pm Ladies Only Adult Swim Lane	7:15pm → 8:15pm Just Swim Adult Swim Lane	7:15pm → 8:15pm Just Swim Adult Swim Lane	7:15pm → 8:15pm Just Swim Adult Swim Lane		



For further information or to book
please call 01277 657 111
or email billericay@firststrokes.com
Instagram - [instagram.com/firststrokesbillericay](https://www.instagram.com/firststrokesbillericay)
TikTok - [tiktok.com/billericayfirststrokes](https://www.tiktok.com/billericayfirststrokes)

