



lifesavers
The Royal Life Saving Society UK

First Strokes - Billericay Pool RLSS Approved Training Centre

Lifeguard Training Sessions are now open to all Lifeguards

Maintain your qualification by completing your 20 hours of assessment and training

Training sessions are held every month and last for 2 hours

7.15pm to 9.15pm on the 1st Monday of Every Month

Non First Strokes Staff - £5.00 per session

First Strokes Staff - Free of charge

We are currently recruiting new staff and this could lead to employment

For further details and dates of training sessions please call

0845 838 8954

FIRST  STROKES