

Billericay Timetable • Key to Sessions

Group Lessons	Swim Club	School Lessons	Just Swim	Ladies Just Swim	Aqua Aerobics	Pool Party
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00am 9.30am Just Swim	7.00am 9.30am Just Swim	7.00am 9.30am Just Swim	7.00am 9.30am Just Swim	7.00am 9.30am Just Swim	7.00am 8.00am Just Swim	9.00am 11.00am Group Lessons
9.30am 12.00pm Group Lessons	9.30am 12.00pm Group Lessons	9.30am 12.00pm Group Lessons	9.30am 12.00pm Group Lessons	9.30am 12.00pm Group Lessons	8.00am 1.00pm Group Lessons	9.00am 5.00pm Just Swim
12.00pm 1.00pm Just Swim	12.00pm 1.00pm Just Swim	12.00pm 1.00pm Just Swim	12.00pm 1.00pm Just Swim	12.00pm 1.00pm Just Swim	1.00pm 5.00pm Just Swim	2.00pm 4.00pm Pool Party
1.30pm 3.30pm School Lessons	1.00pm 3.30pm Group Lessons	1.00pm 2.30pm School Lessons	1.30pm 3.00pm School Lessons	1.30pm 3.30pm School Lessons	2.00pm 4.00pm Pool Party	
3.45pm 6.45pm Group Lessons	3.45pm 6.45pm Group Lessons	3.45pm 6.45pm Group Lessons	3.45pm 6.45pm Group Lessons	3.45pm 6.45pm Group Lessons		
6.45pm 8.15pm Just Swim	6.45pm 8.15pm Ladies Just Swim	6.45pm 8.15pm Just Swim	6.45pm 8.15pm Just Swim	6.45pm 8.15pm Just Swim		

For further information please call 0845 838 8954 or email: billericay@firststrokes.com

Details on all of our lessons and activities can be found on our website at www.firststrokes.com



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